

# OBSERVATIONS & RECOMMENDATIONS

After reviewing data collected from **RAND POND** the program coordinators recommend the following actions.

## FIGURE INTERPRETATION

- Figure 1: These graphs illustrate concentrations of chlorophyll-a in the water column. Algae are microscopic plants that are a natural part of lake ecosystems. Algae contain chlorophyll-a, a pigment necessary for photosynthesis. A measure of chlorophyll-a can indicate the abundance of algae in a lake. The historical data (the bottom graph) show a *stable* in-lake chlorophyll-a trend. October chlorophyll concentrations were slightly higher than previous months, but were not of any alarming levels. Mean chlorophyll concentrations in Rand Pond have remained below the NH mean reference line for over ten years! While algae are present in all lakes, an excess amount of any type is not welcomed. Concentrations can increase when there are external and internal sources of phosphorus, which is the nutrient algae depend upon for growth. It's important to continue the education process and keep residents aware of the sources of phosphorus and how it influences lake quality.
- Figure 2: Water clarity is measured by using a Secchi disk. Clarity, or transparency, can be influenced by such things as algae, sediments from erosion, and natural colors of the water. The graphs on this page show historical and current year data. The lower graph shows a *slightly improving* trend in lake transparency. All transparency readings were above the average for NH lakes this season. The increase in rain the state experienced this season did not seem to affect the average transparency of the pond. The 2000 sampling season was considered to be wet and, therefore, average transparency readings are expected to be slightly lower than last year's readings. Higher amounts of rainfall usually cause more eroding of sediments into the lake and streams, thus decreasing clarity.
- Figure 3: These figures show the amounts of phosphorus in the epilimnion (the upper layer in the lake) and the hypolimnion (the lower layer); the inset graphs show current year data. Phosphorus is the limiting nutrient for plants and algae in New Hampshire waters. Too much phosphorus in a lake can lead to increases in plant growth

over time. These graphs show an *improving* trend in the upper water layer, meaning levels are decreasing, and a *stable* trend in the lower water layer. Epilimnetic phosphorus concentrations remained quite low this season, and mean values were consistent with those seen last year. Hypolimnetic phosphorus concentrations in June were elevated and could be due to the turbidity of the sample. Samples contaminated with bottom sediment can cause increased phosphorus concentrations and yield inaccurate results. Results in August and October were back to normal, and mean phosphorus concentrations remain below the average for NH lakes. One of the most important approaches to reducing phosphorus levels is educating the public. Humans introduce phosphorus to lakes by several means: fertilizing lawns, septic system failures, and detergents containing phosphates are just a few. Keeping the public aware of ways to reduce the input of phosphorus to lakes means less productivity in the lake. Contact the VLAP coordinator for tips on educating your lake residents or for ideas on testing your watershed for phosphorus inputs.

#### **OTHER COMMENTS**

- No metalimnion (middle water layer) samples were taken this season as they had been in the past. This was due to the lake being stratified into only two layers present, the epilimnion (upper water layer) and the hypolimnion (lower water layer). We suggest that volunteers continue testing only the epilimnion and hypolimnion, as we see no need to conduct any extra in-lake sampling.
- Inlet conductivity decreased again this season, but remains higher than desirable for the pond (Table 6). The increase in rainfall this season seemed to have helped flush the inlet and decrease the accumulation of nutrients. We continue to recommend testing the additional sites along the inlet established in the 1999 season to pinpoint nutrient inputs into the inlet.
- Overall, in-lake conductivity appears to be increasing over the years. Conductivity increases often indicate the influence of human activities on surface waters. Septic system leachate, agricultural runoff, iron deposits, and road runoff can all influence conductivity. It would be useful to uncover the reasons for increased conductivity as we continue to monitor the lake.
- *E. coli* originates in the intestines of warm-blooded animals (including humans) and is an indicator of associated and potentially harmful pathogens. Bacteria concentrations were non-existent at the boat launch (Table 12). If residents are concerned about septic system impacts, testing when the water table is high or after rains is best. Please consult the Other Monitoring Parameters section of the report for the current standards for *E. coli* in surface waters.

**NOTES**

- Monitor's Note (8/22/00): Water level high. Saw family of 6 ducks, one blue heron, one loon.

**USEFUL RESOURCES**

*Stormwater Management and Erosion and Sediment Control Handbook*. NHDES, Rockingham County Conservation District, USDA Natural Resource Conservation Service, 1992. (603) 679-2790.

*The Wetlands Resource*, WD-WB-7, NHDES Fact Sheet, (603) 271-3503 or [www.state.nh.us](http://www.state.nh.us)

*Answers to Common Lake Questions*, NHDES-WSPCD-92-12, NHDES Booklet, (603) 271-3503.

*Nonpoint Source Pollution and Stormwater Fact Sheet Package*. Terrene Institute. (800) 726-5253, or [www.terrene.org](http://www.terrene.org).

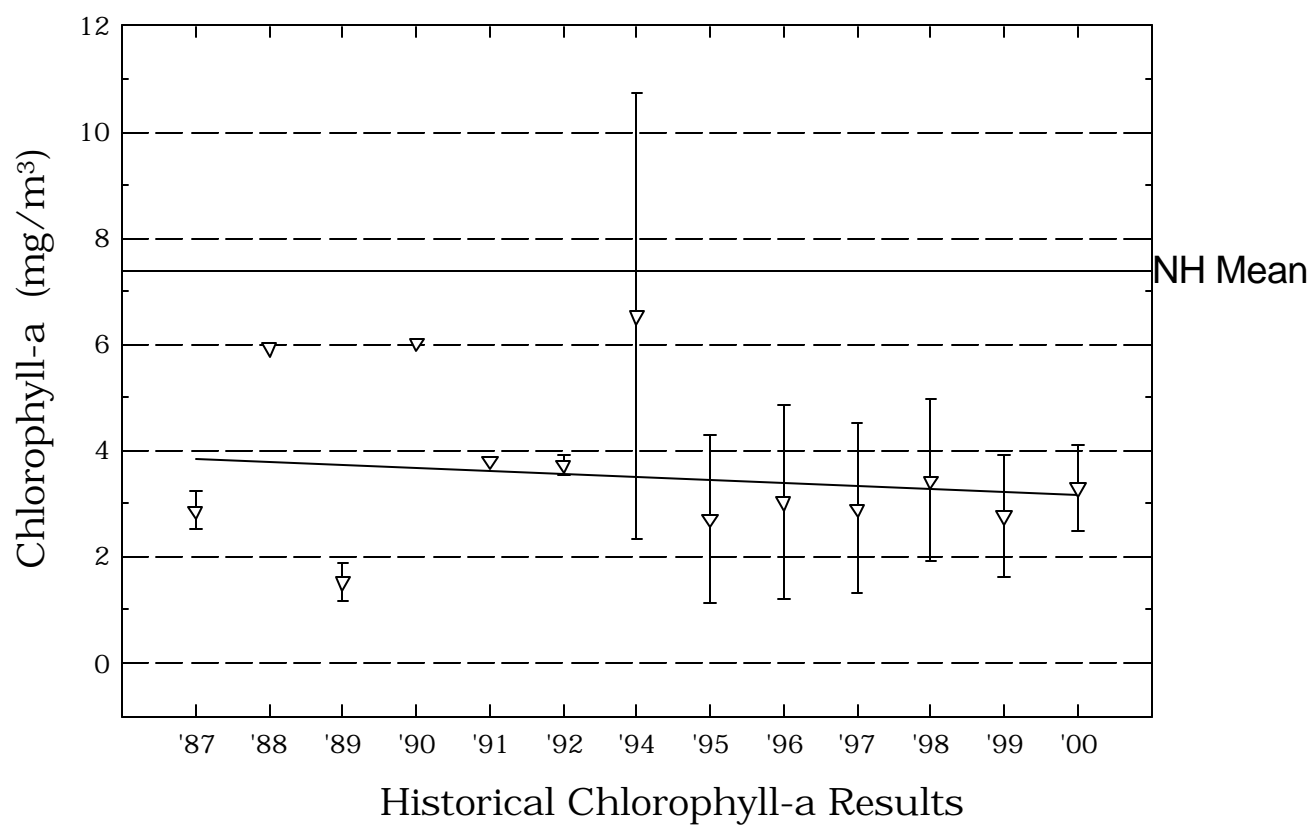
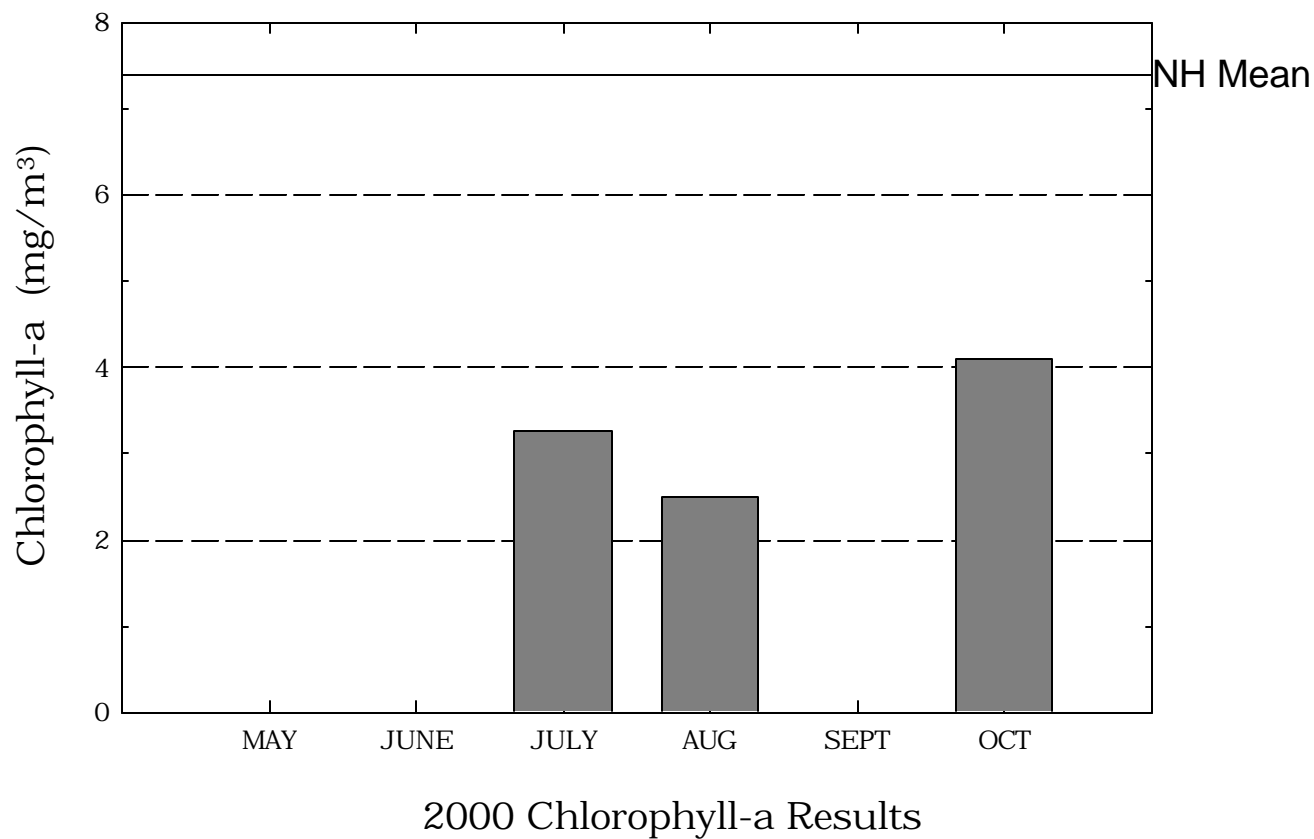
*The Watershed Guide to Cleaner Rivers, Lakes, and Streams*, Connecticut River Joint Commissions, 1995. (603) 826-4800

*Road Salt and Water Quality*, WD-WSQB-7, NHDES Fact Sheet, (603) 271-3503 or [www.state.nh.us](http://www.state.nh.us)

*Through the Looking Glass: A Field Guide to Aquatic Plants*. North American Lake Management Society, 1988. (608) 233-2836 or [www.nalms.org](http://www.nalms.org)

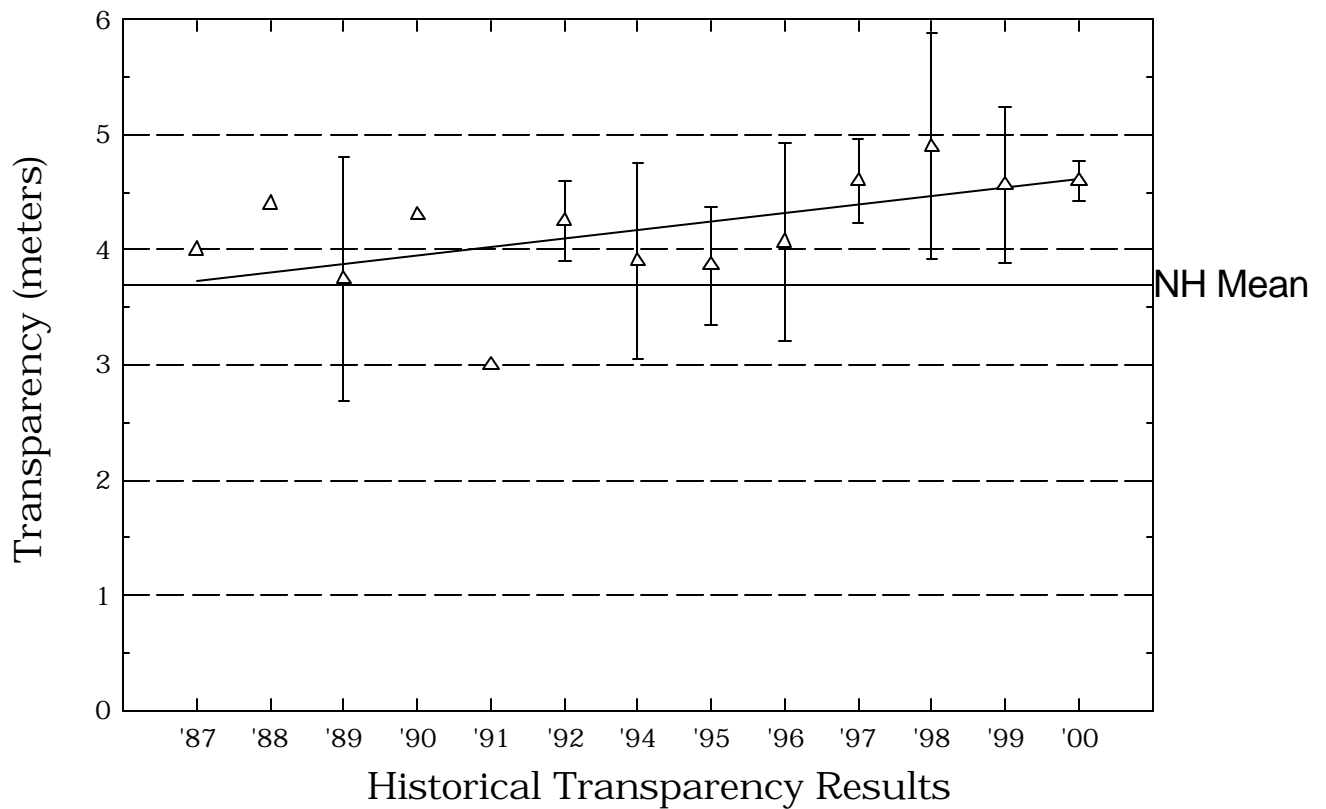
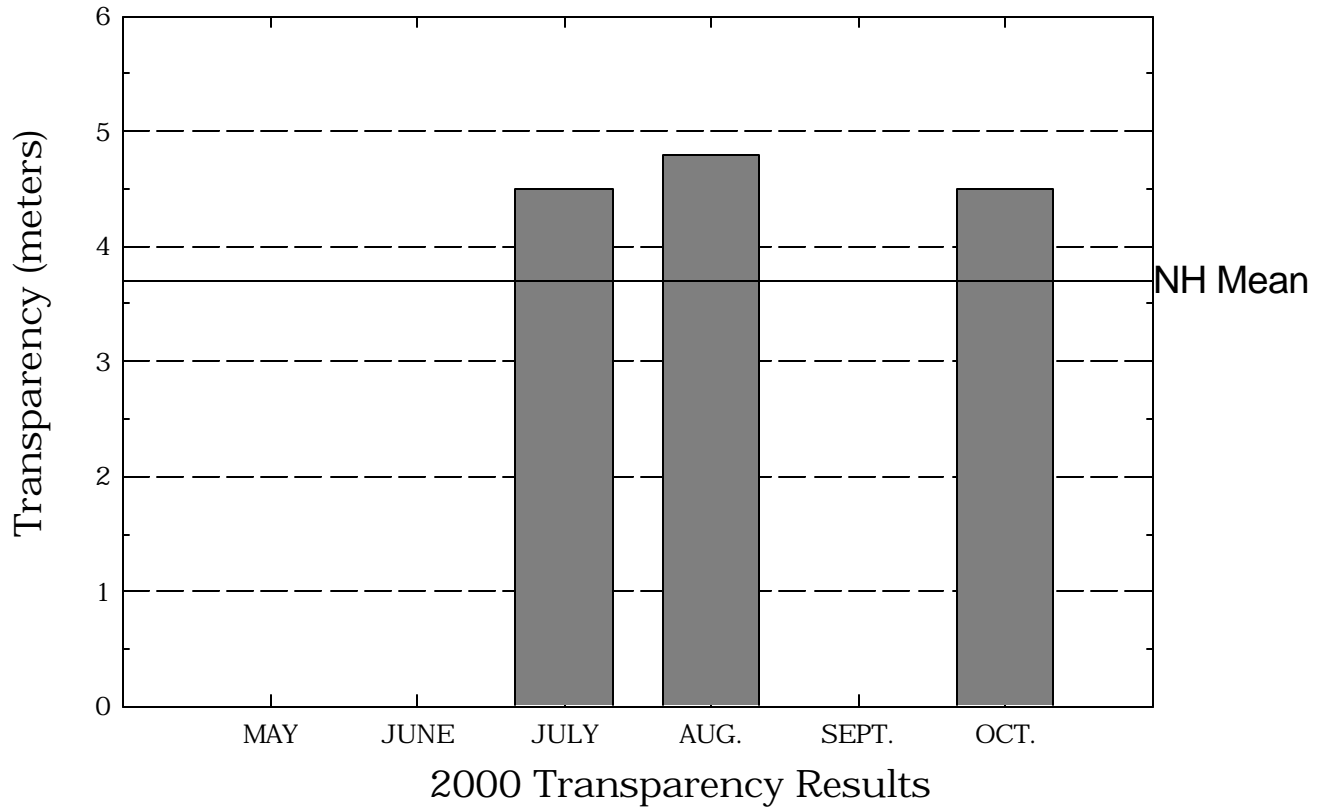
# Rand Pond

**Figure 1.** Monthly and Historical Chlorophyll-a Results



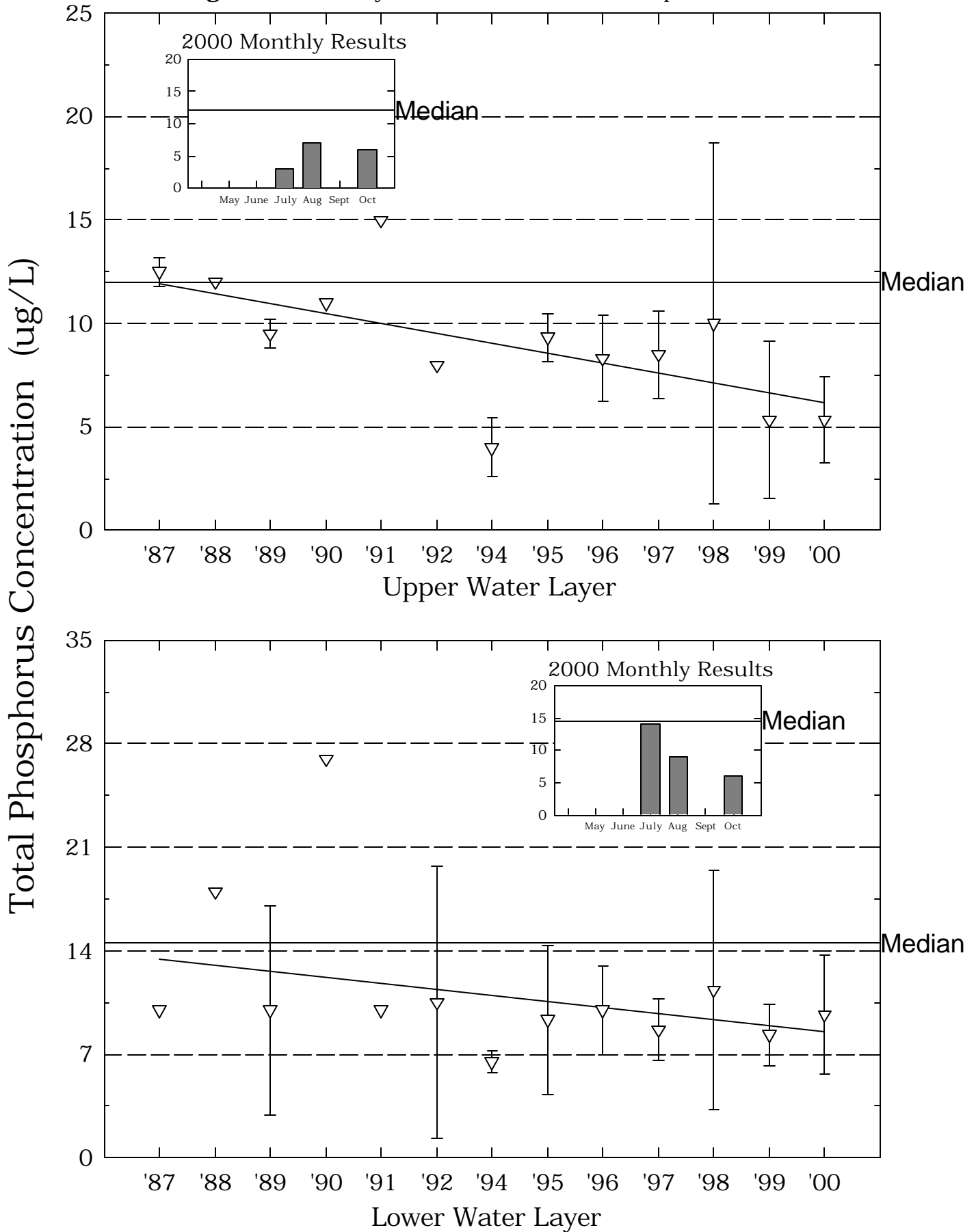
# Rand Pond

**Figure 2.** Monthly and Historical Transparency Results



# Rand Pond

**Figure 3.** Monthly and Historical Total Phosphorus Data.



**Table 1.****RAND POND****GOSHEN**

**Chlorophyll-a results (mg/m<sup>3</sup>) for current year and historical  
sampling periods.**

<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
1987	2.63	3.12	2.87
1988	5.93	5.93	5.93
1989	1.28	1.78	1.53
1990	6.04	6.04	6.04
1991	3.80	3.80	3.80
1992	3.59	3.86	3.72
1994	2.91	9.50	5.33
1995	1.23	4.38	2.72
1996	1.80	5.12	3.03
1997	1.83	4.74	2.90
1998	1.83	4.88	3.43
1999	2.01	4.08	2.77
2000	2.51	4.10	3.29

**Table 2.****RAND POND****GOSHEN****Phytoplankton species and relative percent abundance.****Summary for current and historical sampling seasons.**

<b>Date of Sample</b>	<b>Species Observed</b>	<b>Relative % Abundance</b>
07/08/1987	ASTERIONELLA	89
08/03/1988	ASTERIONELLA	79
08/11/1989	ASTERIONELLA CERATIUM CHRYSPHAERELLA	52
08/23/1990	ASTERIONELLA	82
08/27/1991	DINOBRYON ASTERIONELLA	86 12
07/28/1992	CHRYSPHAERELLA TABELLARIA ASTERIONELLA	39 26 22
08/12/1994	TABELLARIA ANABAENA DINOBRYON	41 14 13
08/23/1994	TABELLARIA MELOSIRA GLOEOCYSTIS	45 14 14
08/18/1995	MICROCYSTIS CERATIUM TABELLARIA	45 17 10
08/12/1996	ASTERIONELLA STAURASTRUM SYNEDRA	93 1 1
08/25/1998	TABELLARIA CERATIUM ASTERIONELLA	36 35 10



**Table 2.**

**RAND POND**

**GOSHEN**

**Phytoplankton species and relative percent abundance.**

**Summary for current and historical sampling seasons.**

<b>Date of Sample</b>	<b>Species Observed</b>	<b>Relative % Abundance</b>
08/18/1999	CERATIUM	33
	DINOBYRON	28
	TABELLARIA	22
08/22/2000	CHRYSPHAERELLA	38
	DINOBYRON	26
	ASTERIONELLA	

**Table 3.****RAND POND****GOSHEN**

**Summary of current and historical Secchi Disk  
transparency results (in meters).**

<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
1987	4.0	4.0	4.0
1988	4.4	4.4	4.4
1989	3.0	4.5	3.7
1990	4.3	4.3	4.3
1991	3.0	3.0	3.0
1992	4.0	4.5	4.2
1994	3.3	4.5	3.9
1995	3.3	4.3	3.8
1996	3.3	5.0	4.0
1997	4.3	5.0	4.6
1998	3.8	5.7	4.9
1999	3.8	5.1	4.5
2000	4.5	4.8	4.6

**Table 4.****RAND POND  
GOSHEN**

**pH summary for current and historical sampling seasons.**  
**Values in units, listed by station and year.**

<b>Station</b>	<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
EPILIMNION	1987	6.89	7.20	7.02
	1988	7.18	7.18	7.18
	1989	6.75	7.22	6.92
	1990	6.96	6.96	6.96
	1991	7.10	7.10	7.10
	1992	6.25	7.02	6.48
	1994	6.34	7.04	6.66
	1995	7.08	7.30	7.17
	1996	6.90	7.03	6.96
	1997	6.54	6.96	6.77
	1998	6.69	7.00	6.85
	1999	6.70	7.11	6.86
	2000	6.84	7.12	6.96
HYPOLIMNION	1987	6.87	6.87	6.87
	1988	6.62	6.62	6.62
	1989	6.50	6.73	6.60
	1990	6.47	6.47	6.47
	1991	6.60	6.60	6.60
	1992	6.45	6.50	6.47
	1994	6.47	6.78	6.61
	1995	6.44	7.15	6.74
	1996	6.30	6.94	6.45
	1997	6.47	6.89	6.62
	1998	6.34	6.64	6.48
	1999	6.29	6.79	6.49

**Table 4.****RAND POND  
GOSHEN**

**pH summary for current and historical sampling seasons.**  
**Values in units, listed by station and year.**

<b>Station</b>	<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
INLET ABOVE RD	2000	6.35	6.80	6.52
	1999	7.00	7.00	7.00
INLET AT PIPE	1999	6.89	6.89	6.89
	1987	7.01	7.01	7.01
INLET	1988	7.18	7.18	7.18
	1989	6.74	7.12	6.89
	1990	6.98	6.98	6.98
	1991	6.90	6.90	6.90
	1992	6.70	7.12	6.86
	1994	6.93	7.22	7.05
	1995	6.86	7.32	7.03
	1996	6.84	6.84	6.84
	1997	6.96	7.11	7.03
	1998	6.70	6.95	6.81
	1999	6.64	7.04	6.86
	2000	6.78	7.29	6.94
METALIMNION	1992	6.25	6.25	6.25
	1994	6.90	6.90	6.90
	1995	6.80	6.80	6.80
	1996	6.72	6.72	6.72
	1997	6.90	7.02	6.96

**Table 4.****RAND POND  
GOSHEN**

**pH summary for current and historical sampling seasons.  
Values in units, listed by station and year.**

<b>Station</b>	<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
OUTLET	1998	6.75	6.75	6.75
	1999	6.72	6.72	6.72
OUTLET	1987	7.02	7.02	7.02
	1988	6.98	6.98	6.98
	1989	6.75	7.02	6.86
	1990	7.07	7.07	7.07
	1991	7.00	7.00	7.00
	1992	6.47	7.00	6.66
	1994	6.92	7.32	7.08
	1995	7.04	7.11	7.07
	1996	6.66	6.98	6.79
	1998	6.88	7.06	6.94
	1999	6.82	7.02	6.91
	2000	6.90	7.31	7.06

**Table 5.****RAND POND****GOSHEN****Summary of current and historical Acid Neutralizing Capacity.****Values expressed in mg/L as CaCO<sub>3</sub>.****Epilimnetic Values**

<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
1987	6.70	6.70	6.70
1988	6.80	6.80	6.80
1989	6.20	6.30	6.25
1990	5.50	5.50	5.50
1991	7.20	7.20	7.20
1992	7.40	7.50	7.45
1994	6.10	7.20	6.53
1995	6.60	8.80	7.67
1996	5.90	6.40	6.10
1997	5.80	6.40	6.07
1998	4.30	5.90	5.10
1999	5.60	5.80	5.73
2000	4.90	6.60	6.03

**Table 6.**

**RAND POND  
GOSHEN**

**Specific conductance results from current and historic  
sampling seasons. Results in uMhos/cm.**

<b>Station</b>	<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
EPILIMNION	1987	44.3	46.1	45.2
	1988	46.8	46.8	46.8
	1989	50.0	50.1	50.0
	1990	50.8	50.8	50.8
	1991	54.2	54.2	54.2
	1992	59.0	63.2	61.1
	1994	74.4	75.6	74.8
	1995	71.5	79.5	75.8
	1996	70.2	73.0	71.9
	1997	65.4	69.5	67.5
	1998	72.5	74.7	73.9
	1999	73.3	77.6	75.9
	2000	71.9	72.9	72.3
HYPOLIMNION	1987	43.4	43.4	43.4
	1988	49.4	49.4	49.4
	1989	50.3	52.0	51.1
	1990	62.1	62.1	62.1
	1991	55.1	55.1	55.1
	1992	59.0	65.6	62.3
	1994	77.0	83.2	79.7
	1995	76.5	79.7	77.7
	1996	71.9	74.8	73.3
	1997	67.5	70.0	68.8
	1998	74.9	77.9	75.9

**Table 6.**

**RAND POND  
GOSHEN**

**Specific conductance results from current and historic  
sampling seasons. Results in uMhos/cm.**

<b>Station</b>	<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
	1999	73.8	78.2	76.5
	2000	73.2	78.6	75.2
INLET ABOVE RD				
	1999	60.5	60.5	60.5
INLET AT PIPE				
	1999	44.4	44.4	44.4
INLET				
	1987	61.1	61.1	61.1
	1988	49.3	49.3	49.3
	1989	48.2	49.3	48.7
	1990	108.3	108.3	108.3
	1991	54.9	54.9	54.9
	1992	55.7	57.0	56.3
	1994	60.7	63.1	61.9
	1995	60.9	65.2	62.5
	1996	74.6	74.6	74.6
	1997	56.7	56.8	56.7
	1998	68.2	172.3	127.1
	1999	64.5	200.0	110.4
	2000	75.0	94.3	87.6
METALIMNION				
	1992	59.0	59.0	59.0
	1994	75.3	75.3	75.3
	1995	71.9	71.9	71.9
	1996	69.6	69.6	69.6
	1997	66.4	69.4	67.9



**Table 6.****RAND POND  
GOSHEN****Specific conductance results from current and historic  
sampling seasons. Results in uMhos/cm.**

<b>Station</b>	<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
OUTLET	1998	73.4	73.4	73.4
	1999	77.1	77.1	77.1
	1987	42.7	42.7	42.7
	1988	46.6	46.6	46.6
	1989	49.4	70.6	60.0
	1990	50.4	50.4	50.4
	1991	55.8	55.8	55.8
	1992	58.0	64.2	61.1
	1994	75.1	75.2	75.1
	1995	72.4	80.9	76.7
	1996	70.5	72.5	71.5
	1998	73.0	74.4	73.5
	1999	72.8	76.8	74.8
	2000	72.1	73.2	72.6

**Table 8.****RAND POND****GOSHEN**

**Summary historical and current sampling season Total  
Phosphorus data. Results in ug/L.**

<b>Station</b>	<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
EPILIMNION	1987	12	13	12
	1988	12	12	12
	1989	9	10	9
	1990	11	11	11
	1991	15	15	15
	1992	8	8	8
	1994	3	12	6
	1995	8	10	9
	1996	6	10	8
	1997	7	10	8
	1998	4	20	10
	1999	1	8	5
	2000	3	7	5
HYPOLIMNION	1987	10	10	10
	1988	18	18	18
	1989	5	15	10
	1990	27	27	27
	1991	10	10	10
	1992	4	17	10
	1994	6	26	13
	1995	4	14	9
	1996	7	13	10
	1997	7	11	8
	1998	4	20	11

**Table 8.**

**RAND POND**

**GOSHEN**

**Summary historical and current sampling season Total  
Phosphorus data. Results in ug/L.**

<b>Station</b>	<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
INLET	1999	6	10	8
	2000	6	14	9
	1987	9	9	9
	1988	19	19	19
	1989	7	7	7
	1990	6	6	6
	1991	10	10	10
	1992	2	5	3
	1994	7	30	18
	1995	6	9	7
	1996	6	6	6
	1997	9	9	9
	1998	7	7	7
	1999	2	12	6
METALIMNION	2000	2	7	5
	1992	4	4	4
	1994	7	7	7
	1995	9	9	9
	1996	9	9	9
	1997	5	7	6
	1998	6	6	6
OUTLET	1999	1	1	1
	1987	9	9	9

**Table 8.**

**RAND POND**

**GOSHEN**

**Summary historical and current sampling season Total  
Phosphorus data. Results in ug/L.**

<b>Station</b>	<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
	1988	21	21	21
	1989	4	9	6
	1990	11	11	11
	1991	13	13	13
	1992	5	22	13
	1994	10	24	17
	1995	5	19	12
	1996	6	10	8
	1998	5	20	10
	1999	6	6	6
	2000	5	9	7

**Table 9.**  
**RAND POND**  
**GOSHEN**

**Current year dissolved oxygen and temperature data.**

<b>Depth</b> (meters)	<b>Temperature</b> (celsius)	<b>Dissolved Oxygen</b> (mg/L)	<b>Saturation</b> (%)
<b>August 22, 2000</b>			
0.1	20.9	8.7	96.9
1.0	20.7	8.7	96.7
2.0	20.7	8.6	96.2
3.0	20.6	8.6	95.9
4.0	20.6	8.6	95.9
5.0	20.4	8.3	92.2
6.0	20.0	6.1	67.1
6.5	17.6	0.5	4.9

**Table 10.**

**RAND POND  
GOSHEN**

**Historic Hypolimnetic dissolved oxygen and temperature data.**

<b>Date</b>	<b>Depth</b> (meters)	<b>Temperature</b> (celsius)	<b>Dissolved Oxygen</b> (mg/L)	<b>Saturation</b> (%)
July 8, 1987	5.5	19.0	3.8	41.0
August 3, 1988	7.5	16.0	1.0	10.0
August 11, 1989	7.0	15.5	0.5	5.0
August 23, 1990	7.5	14.5	-0.5	-4.9
August 27, 1991	7.5	18.3	0.0	0.0
July 28, 1992	7.0	15.5	0.5	5.0
August 12, 1994	7.5	15.0	0.2	2.0
August 23, 1994	7.0	16.6	0.0	0.0
August 18, 1995	8.0	19.9	0.5	5.0
August 12, 1996	6.5	19.6	1.1	12.0
August 7, 1997	7.0	17.6	0.9	9.0
August 25, 1998	7.0	22.1	4.8	54.0
August 18, 1999	7.0	21.8	0.5	5.3
August 22, 2000	6.5	17.6	0.5	4.9

**Table 11.**

**RAND POND  
GOSHEN**

**Summary of current year and historic turbidity sampling.  
Results in NTU's.**

<b>Station</b>	<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
EPILIMNION	1992	1.0	1.0	1.0
	1994	0.7	0.7	0.7
	1995	1.5	4.5	3.0
	1996	0.7	1.4	1.0
	1997	0.4	0.8	0.5
	1998	0.6	0.9	0.8
	1999	0.3	1.0	0.7
	2000	0.3	2.0	1.1
HYPOLIMNION	1992	1.1	1.1	1.1
	1994	2.1	2.1	2.1
	1995	1.6	6.0	3.8
	1996	1.3	2.8	2.0
	1997	0.7	1.7	1.1
	1998	1.4	2.1	1.6
	1999	0.9	1.7	1.3
	2000	0.5	2.2	1.2
INLET ABOVE RD	1999	0.6	0.6	0.6
INLET AT PIPE	1999	0.8	0.8	0.8
INLET	1992	1.2	1.2	1.2
	1994	0.4	0.4	0.4
	1995	0.9	2.1	1.5
	1996	0.4	0.4	0.4

**Table 11.**

**RAND POND  
GOSHEN**

**Summary of current year and historic turbidity sampling.  
Results in NTU's.**

<b>Station</b>	<b>Year</b>	<b>Minimum</b>	<b>Maximum</b>	<b>Mean</b>
INLET	1997	0.1	0.4	0.2
	1998	0.4	2.1	1.1
	1999	0.0	0.9	0.4
	2000	0.1	0.3	0.2
METALIMNION	1992	1.0	1.0	1.0
	1997	0.5	0.8	0.6
	1998	0.6	0.6	0.6
	1999	0.4	0.4	0.4
OUTLET	1992	2.2	2.2	2.2
	1994	1.1	1.1	1.1
	1995	1.3	2.2	1.7
	1996	1.0	1.0	1.0
	1998	0.5	1.1	0.8
	1999	0.8	1.7	1.2
	2000	0.3	1.0	0.7



**Table 12.**

**RAND POND  
GOSHEN**

**Summary of current year bacteria sampling.  
Results in counts per 100ml.**

<b>Location</b>	<b>Date</b>	<b>E. Coli</b> <small>See Note Below</small>
BOAT LAUNCH	August 22	0